



2nd Congress I.S.Mu.L.T.

Italian Society of Muscles, Ligaments & Tendons

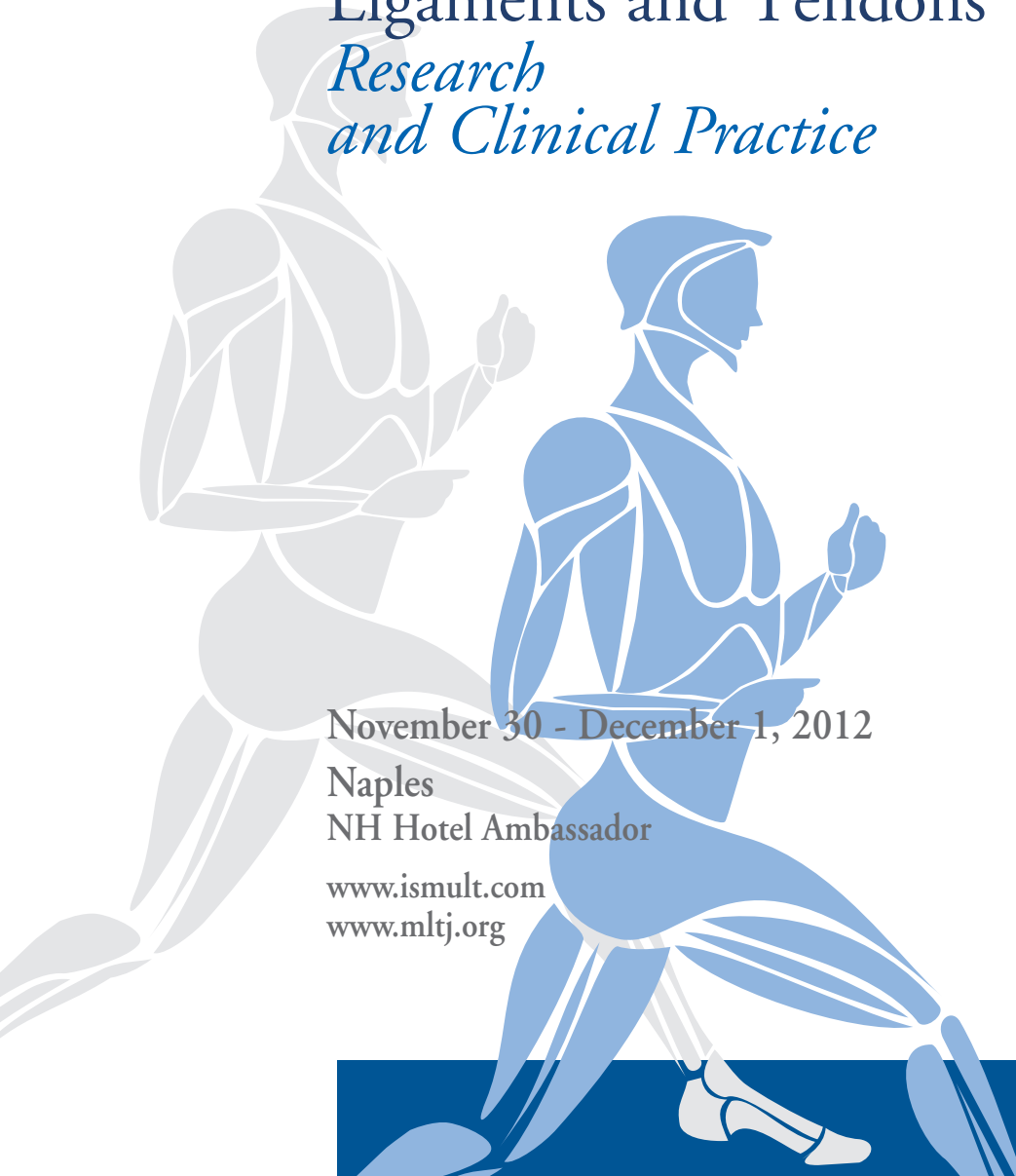
Advances in Muscles, Ligaments and Tendons

*Research
and Clinical Practice*

November 30 - December 1, 2012

Naples
NH Hotel Ambassador

www.ismult.com
www.mltj.org



- 12.30 Registration
- 13.00 Welcome by authorities

Chairpersons: *F. Cigala, N. Maffulli*

- 13.30 **Opening Lecture**
State of art of musculotendinous junction
T. Best

I SESSION

Patello-Femoral

Chairpersons: *R. Gimigliano, N. Maffulli*

- 14.00 Patellar development in patello-femoral instability
A. Schiavone Panni
- 14.10 MPFL reconstruction and tunnel placement
D.F. Kader
- 14.20 Patellar instability in young athletes
M. Ronga
- 14.30 MPFL reconstruction
N. Maffulli
- 14.40 Patello-femoral instability rehabilitation protocols
M.G. Benedetti
- 14.50 Discussion

II SESSION

Ankle

Chairpersons: *S. Giannini, N. Maffulli, F. Treia*

- 15.00 Classification of ankle instability
M. Guelfi
- 15.10 Long term results of anatomical reconstruction of ATFL
A. Del Buono
- 15.20 Reconstruction of the lateral ankle ligaments with allograft in patients with chronic ankle
A. Caprio
- 15.30 Return to sport after ligament/tendon surgery of foot/ankle
A. Saxena
- 15.40 Endoscopic management of compartment syndrome
H. Lohrer
- 15.50 Chronic exertional compartment syndrome of the foot
A. Turmo
- 16.00 Discussion
- 16.10 **Coffee Break**

III SESSION

KYNESIOLAB WORKSHOP: ECCENTRIC EXERCISES

Chairpersons: *L. Amore, S. Della Villa, S. Masiero*

- 16.40 Basic science around eccentric exercise
F. Oliva
- 16.50 Eccentric exercises in tendinopathies
A. Frizziero
- 17.00 Rectus femoris tears. Eccentric exercises indications
A. Forte
- 17.10 Proximal hamstrigs tendinopathy
A. Cacchio
- 17.20 Practical application
V. Testa
- 17.30 Discussion

IV SESSION

Knee

Chairpersons: *J.P. Furia, N. Maffulli, V. Salini*

- 17.40 Management of acute dislocation of knee
E. Pintore
- 17.50 ACL deficiency and cartilage lesions
D. Rosa
- 18.00 Posterolateral corner reconstruction. A La Prade modification
G. Trinchese
- 18.10 Arthroscopic management of basal joints arthritis
J.P. Furia
- 18.20 Proprioception in knee rehabilitation after ACL reconstruction
G. Lisitano
- 18.30 Discussion

Saturday, December 1st

V SESSION

Shoulder

Chairpersons: *L. Osti, G. Porcellini, R. Russo*

- 9.00 The treatment of the instability caused by bony defect. A treatment algorithm
F. Franceschi
- 9.10 Acromion-clavicular ligament reconstruction with allograft
S. Nicoletti
- 9.20 Pectoralis tendon ruptures: acute vs chronic repair
G. Merolla
- 9.30 The LHB pathology associated or not with RCTs. Choosing the most appropriate treatment
F. Cautiero

9.40 New protocols for the conservative treatment of shoulder pathologies

D. Creta

9.50 **Lecture**

Pelvis floor impairment in pregnancy

N. Comi

10.20 Discussion

VI SESSION

MSC and soft tissue regeneration

Chairpersons: *A. Berardi, M. Fini, A. Muttini*

10.30 The tendon niche

A. Berardi

10.40 Resorbable biopolymeric scaffolds seeded with stem cells: evolution from bone application to tendon regeneration

E. Reverchon

10.50 Placental stem cells in the treatment of tendon disorders: experimental, preclinical and clinical settings

A. Muttini

11.00 Rotator cuff repair indication and literature review on the use of biological matrix

E. Somma

11.10 Discussion

11.20 **Coffee Break**

VII SESSION

Basic science tendon

Chairpersons: *P. Bianchi, E. Falcieri, M. Iocco*

11.50 Thyroid and shoulder cuff tears

F. Oliva

12.00 Obesity and tendinopathy

M. Abate

12.10 Relation between tendon biomechanic and water

M. Franchi

12.20 Calcific process in tendon pathology

A. Gai Via

12.30 Ultrastructural modifications of myotendinous junction in hind-limb suspended rats

D. Curzi

12.40 Discussion

VIII SESSION

WORKSHOP: ESWT IN THE PRACTICAL MEDICINE

Chairpersons: *E. Amelio, A. Meneghini, C. Servodio Iammarone*

12.50 Physics and technology behind ESW

D. Caputo

13.00 Biological mechanisms and relative clinical indications and contraindications of ESW

S. Russo

13.10 Clinical experience of ESWT in orthopaedics and traumatology

MC. Vulpiani

13.20 Effects of ESW on tenocytes and ECM synthesis

M. Vetrano

13.30 Other fields of clinical application of ESW

MC. D'Agostino

13.40 Discussion

13.50 **Lunch**

IX SESSION

Muscles

Chairpersons: *T. Best, N. Maffulli, G. Nanni*

14.50 A novel management of edema: microcirculation, lymphatic vessels and interstitial tissue

D. Tiso

15.00 Pharmacological pain management in athletes

F. Oliva

15.10 Evidence based physical therapy protocols for the treatment of muscles injuries

A. Valent

15.20 Lower limb acute muscle injuries treated with growth factors. Randomized Study

L. Til

15.30 Muscles injuries recidives. How I treat?

G. Nanni

15.40 Muscle injuries. The FCBarcelona protocol

L. Til

15.50 Hamstring injuries classification. Anatomical, clinical or imaging orientated?

N.G. Malliaropoulos

16.00 Discussion

X SESSION

ORTHOKINE WORKSHOP

Chairpersons: *A. Frizziero, N. Maffulli, S. Rossi*

16.10 Orthokine-ACS, where does it come from, where may it go?

J. Reinecke

- 16.20 Orthokine-ACS in the conservative treatment of back pain and joints
C. Moser
- 16.30 Orthokine-ACS in the post-surgical treatment of joints (including the ACL work and the equine data)
N. Darabos
- 16.40 The strange history of orthokine in Italy
S. Rossi
- 16.50 Discussion
- 17.00 **Coffee Break**

XI SESSION

Sport Medicine: sport eligibility in muscular skeletal disease

Chairpersons: *M. Iocco, F. Limongelli, A. Spataro*

- 17.30 The pre participation screening in athletes with myopathies
P. Brancaccio
- 17.40 Sport eligibility in seronegative spondyloarthritis with talalgia: short casuistry
M. Conforti
- 17.50 Sport eligibility in heart muscle and rhythm disorders
G. Limongelli
- 18.00 Musculoskeletal injuries in paralympic athletes
A. Giombini
- 18.10 Role of magnetic resonance imaging in the evaluation of hearth muscle in athletes
F. Palmieri
- 18.20 Discussion

XII SESSION

Muscles

Chairpersons: *C. Foti, G. Letizia Mauro, R. Saggini*

- 18.30 Rehabilitative and infiltrative treatment with hyaluronic acid in elderly patients with rotator cuff tears
C. Costantino
- 18.40 MRN for the management of muscles injuries
G. Pasta
- 18.50 Ultrasonory of muscles injuries: muscle healing and complications
S. Galletti
- 19.00 MIS for CECS
M. Loppini
- 19.10 The role of isokinetic exam for the management of muscles injuries
S. Della Villa
- 19.20 Discussion
- 19.30 Closing Remarks and Continuing Medical Education C.M.E. questionnaire

- M. ABATE (CHIETI)
E. AMELIO (VERONA)
L. AMORE (NAPOLI)
M.G. BENEDETTI (BOLOGNA)
A. BERARDI (PESCARA)
T. BEST (USA)
P. BIANCHI (NAPOLI)
P. BRANCACCIO (NAPOLI)
A. CACCHIO (L'AQUILA)
A. CAPRIO (ROMA)
D. CAPUTO (ROMA)
F. CAUTIERO (NAPOLI)
F. CIGALA (NAPOLI)
N. COMI (U.K.)
M. CONFORTI (MILANO)
C. COSTANTINO (PARMA)
D. CRETA (BOLOGNA)
D. CURZI (URBINO)
MC. D'AGOSTINO (MILANO)
N. DARABOS (CROAZIA)
A. DEL BUONO (ROMA)
S. DELLA VILLA (BOLOGNA)
E. FALCIERI (URBINO)
M. FINI (BOLOGNA)
A. FORTE (SALERNO)
C. FOTI (ROMA)
F. FRANCESCHI (ROMA)
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A. FRIZZIERO (PADOVA)
J.P. FURIA (U.S.A.)
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S. GIANNINI (BOLOGNA)
R. GIMIGLIANO (NAPOLI)
A. GIOMBINI (ROMA)
M. GUELI (GENOVA)
M. IOCCO (CATANZARO)
D.F. KADER (UK)
G. LETIZIA MAURO (PALERMO)
F. LIMONGELLI (NAPOLI)
G. LIMONGELLI (NAPOLI)
G. LISITANO (MESSINA)
H. LOHRER (GERMANY)
M. LOPPINI (ROMA)
N. MAFFULLI (U.K.)
N.G. MALLIAROPOULOS (GRECIA)
S. MASIERO (PADOVA)
A. MENEGHINI (PADOVA)
G. MEROLLA (CATTOLICA)
C. MOSER (GERMANIA)
A. MUTTINI (TERAMO)
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S. NICOLETTI (PISTOIA)
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V. SALINI (CHIETI)
A. SAXENA (USA)
A. SCHIAVONE PANNI (CAMPOBASSO)
C. SERVODIO IAMMARONE (NAPOLI)
E. SOMMA (NAPOLI)
A. SPATARO (ROMA)
V. TESTA (SALERNO)
L. TIL (SPAGNA)
D. TISO (BOLOGNA)
F. TREIA (ROMA)
G. TRINCHESE (SALERNO)
A. TURMO (SPAGNA)
A. VALENT (MODENA)
M. VETRANO (ROMA)
MC. VULPIANI (ROMA)

General information

Venue

NH Ambassador
Via Medina, 70 - Naples

Registration Fees

Participants Euro 180,00

The registration fee includes in detail:

- I.S.Mu.L.T membership fee (12 months) Euro 50,00
- Congress registration: participation at the scientific session, conference kit, coffee breaks, lunches, certificate of attendance Euro 130,00 (VAT included)

Trainees and Students

- I.S.Mu.L.T membership fee (12 months) Euro 50,00
- Congress registration Free

Payment

- Euro 50,00 (I.S.Mu.L.T membership fee - 12 months)
by bank transfer to I.S.Mu.L.T, Banca Popolare di Sondrio, Agenzia N.8 Africano Vescovio, Roma, IBAN Code IT77 L056 9603 2080 0000 5789 X11
- Euro 130,00 (Congress Registration)
 - a) By bank transfer to Centro Italiano Congressi C.I.C. Deutsche Bank, Agenzia F, Roma, IBAN Code IT42 C031 0403 2050 0000 0170 335
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The registration form is available on www.centroitalianocongressi.it - www.ismult.com

Cancellation of registration

Cancellation requests must be made in writing to the Organizing Secretariat.
A refund of 50% of the total of the fee remitted will be made for those requests made before October 26, 2012.
No refunds will be made after that date

C.M.E. Accreditation

9.8 C.M.E. credits have been assigned

The Congress refers to **Surgeons** specializing in Rehabilitation, Sports Medicine, Orthopaedics and Traumatology, Physiotherapy, General Practice and also for Diagnostic Radiology. Credits will be assigned only if the participant has attended the entire Congress and completed and signed the self-evaluation questionnaire

Certificate of attendance

A certificate of attendance will be available on request at the registration desk

Language

Simultaneous translation will be available from Italian/English/Italian

How to reach NH Ambassador

By car

From the north: A1 toward Naples.

Take the Napoli exit, and continue onto Via Reggia di Portici. Then take Via Alessandro Volta, Via Amerigo Vespucci, Via Nuova Marina, then Via Alcide De Gasperi. Turn left to stay on Via Alcide De Gasperi. Turn right at Piazza Municipio. Take your first right onto Via Medina.

From the south: A3 toward Naples.

Take the Napoli exit, and continue onto Via Reggia di Portici. Then take Via Alessandro Volta, Via Amerigo Vespucci, Via Nuova Marina, then Via Alcide De Gasperi. Turn left to stay on Via Alcide De Gasperi.
Turn right to stay in Via Flavio Gioia. Then turn left in Rua Catalana and still left into Via Medina.

By train

From the train station:

The NH Ambassador is located 1.5 kilometers from the Central Train Station. From the train station, you can catch a bus that runs along Corso Umberto and will take you to a stop at the hotel in approximately 10 minutes.

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