

5th Congress I.S.Mu.L.T. Italian Society of Muscles, Ligaments & Tendons

Ligaments and Tendons Research and clinical practice

Salerno, December 4th-5th, 2015 **Grand Hotel Salerno**

Congress Presidents:

Alfonso Maria Forte Sergio Russo

Ismult President: Nicola Maffulli

Topics:

- Sport Medicine and Competition Fitness
- Epidemiology and prevention of injuries in sports
- Treatment of groin pain in athletes
- Treatment of hip pain in athletes
- Athlete's common foot and ankle disorders
- Sport Biomechanics and Motor Control
- Patello-femoral pain
- Pain management in musculoskeletal disorders
- Advances in treatment of spasticity and neuromuscular disorder
- ESWT in musculoskeletal disorders
- Basic Science and Regenerative Medicine
- Tendon Augmentation
- New advances in tendon tears
- New advances in muscle injuries treatment
- New advances in physical therapy
- Shoulder ligaments and tendons
- New advances in knee instability and return to sport
- Muscle and tendon imaging in sports